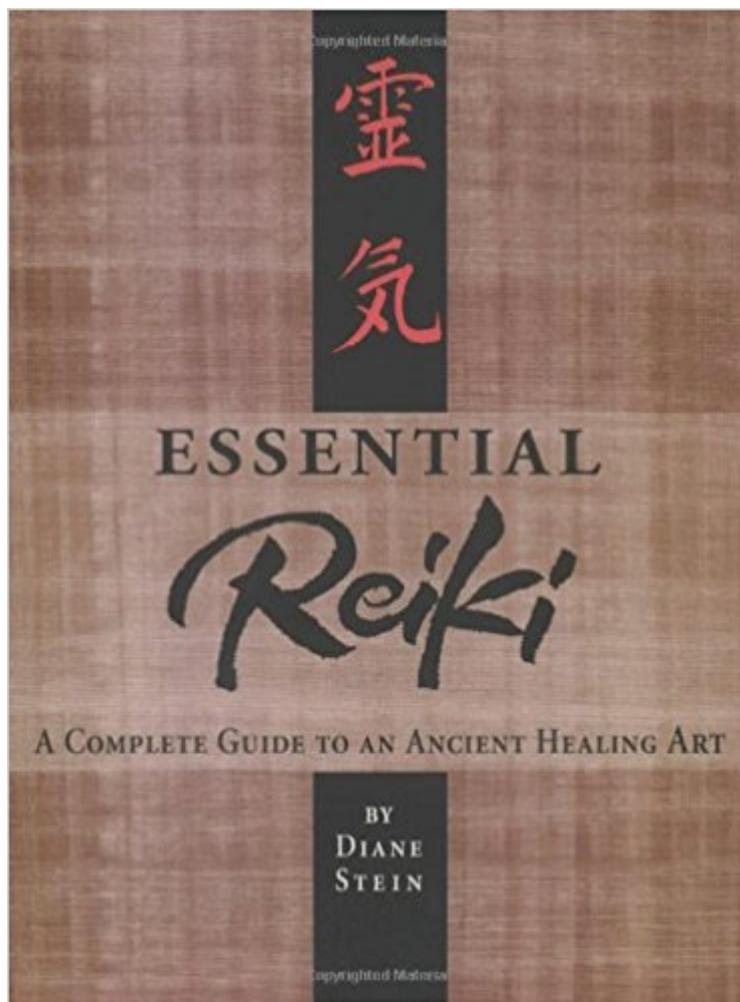


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# Essential Reiki: A Complete Guide To An Ancient Healing Art



## **Synopsis**

Reiki is an ancient and profoundly simple system of laying on of hands; healing derived from Tibetan Buddhism. In the West, Reiki has been kept highly secret for many years. ESSENTIAL REIKI presents full information on all three degrees of this healing system, most of it in print for the first time. Teaching from the perspective that Reiki healing belongs to all people, Diane Stein breaks new ground in her classic guide to this ancient practice. While no book can replace the directly received Reiki & attunements, ESSENTIAL REIKI provides everything else that the healer, practitioner, and teacher of this system needs.

## **Book Information**

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## **Customer Reviews**

\* An invaluable video guide for students, practitioners, and teachers of the laying-on-of-hands healing tradition, available on DVD for the first time. \* Includes more than four hours of instruction. \* Universally formatted DVD plays on U.S. and international DVD players. \* The perfect companion to Stein's ESSENTIAL REIKI and ESSENTIAL REIKI TEACHING MANUAL. --This text refers to the DVD-ROM edition.

DIANE STEIN is a popular and acclaimed healer and the best-selling author of Essential Reiki and 25 other books in the fields of metaphysical healing, women's spirituality, and alternative health. She lives and teaches in Florida. THE AUTHOR SCOOP Read any good books lately? My favorite reading is science fiction, there are new good books coming out every day. A Look at Sharon

Shinn, Tamora Pierce, Ann Bishop, and so many more talented women fiction writers. If you had to boil your book's message down to one sentence, what would it be? Serve the Light, trust the Light, make a difference in the world with who you are and what you do. What are you working on now? I prefer to keep future books a secret until they are finished. No one will know until the manuscript is mailed in. Do you eat your vegetables? I have been a vegetarian since 1983. I do eat my vegetables. If you had a superpower, what would it be? Wonder Woman, of course. How long did it take you to write this book? I have been working with herbs for over 35 years, so you could say it took that long to write it.

It's a wonderful book explaining not only the history of Reiki the author also shares her personal experience and philosophy with regards to using and sharing this healing method. Those interested in learning more about Reiki and/or expanding your personal healing skills reading this book is a great start.

The most classic reiki textbook on the market, recommended highly.

A classic Reiki text: glad to have it in electronic format.

This book is phenomenal! Packed with so much helpful information as your progress through this journey! Highly recommended!!!!

As with her other Essential Reiki book, this one is easy to read and very practical. See my review on her other book. I had the hard copy of this book for a long time, and gave it to a friend then decided to get the digital copy. Some of the special feel does get lost in the digital copy, there is something about holding a paper book, but the information is still there. Highly recommended for any Reiki practitioner or one that are interested in learning more. Many of the history and process that is important is covered and symbols are illustrated well in the books.

Haven't gotten all the way through this yet, but am quite pleased.

In my experience-- this is by far the clearest most comprehensive book on the subject I've come across!! Happy it's available and purchased mine, and will keep for work reference! The seller gets a super 5 because I'm completely satisfied with my overall purchase and when shopping for other material, would certainly consider this marketplace! Keep up the great quality, selection & pricing!!!

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